

CLENPIQ

Colonoscopy Preparation Instructions

READ ALL INSTRUCTIONS UPON RECEIPT

5 DAYS PRIOR:

- If you have not received your CLENPIQ prep, please call your doctor's office.
 - Stop all stool formers (Metamucil, FiberCon, Citrucel), vitamins, and iron, but continue your other medications.
 - If you are on blood thinners, plan to stop them according to the instructions provided.
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2 DAYS PRIOR:

- Stop eating nuts, seeds, and raw vegetables.
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1 DAY PRIOR:

- Only consume clear liquids.
 - Do not eat solid food until after your procedure.
 - No milk or milk products, no soy or non-dairy creamer, no juice pulp, no alcohol, and nothing red or purple in color.
 - Drink at least eight - 8oz glasses of clear liquid (64oz) during the day prior to starting your prep.
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EVENING PRIOR TO COLONOSCOPY AT 5 PM:


1. Drink the **1st Dose** of CLENPIQ (1 premixed six ounce bottle).
 2. Drink 5 cups of clear liquid (40oz) over 5 hours.
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DAY OF COLONOSCOPY: 5 HOURS PRIOR TO YOUR PROCEDURE ARRIVAL TIME:

1. Drink the **2nd Dose** of CLENPIQ (1 premixed six ounce bottle).
 2. Drink 4 or more cups (8oz each) of clear liquid.
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3 HOURS PRIOR TO YOUR PROCEDURE ARRIVAL TIME:

- Stop drinking all liquids.
- Take all other morning medication with a small sip of water 3 hours prior.
- Do not drink anything else after this time.



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TRANSPORTATION:

- Bring someone with you that can safely drive you home. No taxi's, ride shares or public transportation, unless you are accompanied by a family member or friend.
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CANCEL OR RESCHEDULE:

- Please let us know at least 3 business days, prior to your appointment, if you need to cancel or reschedule to avoid a late notice fee.
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NO CHEWING TOBACCO OR SMOKING (CIGARETTE, CIGAR, PIPE, MARIJUANA, VAPOR):

- Please do not smoke or chew tobacco on the date of the procedure, until after your procedure. Nicotine Patch OK.

CALL 210-614-1234 IF YOU HAVE ANY QUESTIONS